



Caldas da Rainha



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JOANA CAVACO

07.17.2001

Bachelor in Communication Sciences

SKILLS

Knowledgeable about MS Office and Adobe Premiere, Adobe Audition, Adobe Photoshop, Audacity, StudioOne, Wordpress, Laragon
I have got category B driving license

LANGUAGES

Portuguese: Native

English: Fluent – Advanced Level/C1 (Certificate of the Cambridge English)

French: Intermediate (B2)

Spanish: Intermediate (B1)

PERSONAL SKILLS

Dynamic, creative, eager to know more and more and share the obtained knowledge
Very empathetic
Very responsible
Perfectionist and thorough, when searching for info and when writing the articles, as well as with the language accuracy
Always with a positive attitude and wanting to improve
Independent, and a good team worker

HOBBIES

Reading, writing, travelling, performing, going on walks, gymnastics, swimming, dancing

CV updated in July 2024

PROFESSIONAL EXPERIENCE

Intern journalist in “Gazeta das Caldas” newspaper
Responsibilities: Writing news and profiles for the printed media (sections: Society, Politics, Education, Culture, Economy, Sports, Health, Food and Drinks/Hotels);
Writing articles for magazines;
Writing articles for the website;
Doing interviews;
Reviewing texts;
Managing social media;
Writing newsletters;
Recording news tracks for the radio
July/2022 – December/2023

Tutor (from the 1st grade to high school): English, Portuguese, Math, etc.
Mastermind study center (Telheiras, Lisbon); individually
January/2020 up to the present

Actress
Origin Entertainment
Supporting actress in Fatima - the Movie, directed by Marco Pontecorvo.
August/2018 – October/2018

Actress
Star Media
Supporting actress in “Mata Hari” miniseries, directed by Dennis Berry and Julius Berg
January/2016 – February/2016

Extra
Valente Produções and Plural Entertainment
Participation in movies (eg. Heart of Stone), TV spots (eg: MEO Partilha Casa) and soap operas (eg. A Teia)
Since October/2018



VOLUNTEERING

July/2022 – I took part in the coastal cleanup and sensibilisation campaign promoted by Sailors for the Sea Portugal with the support of Pingo Doce. The action happened in Torre beach, Oeiras

April/2022 – Helping the children in the Easter holidays activities delivered by the ceramist Sílvia Jácome, in Escola da Aldeia, Salir de Matos, Caldas da Rainha

June – August/2021- Volunteering work with children in the Forest School from Biogleba Association, Caldas da Rainha

May/2018 – Warehouse work in Banco Alimentar do Oeste

OTHER PROJECTS

Scriptwriter

NECCOM (Núcleo de Estudantes de Ciências da Comunicação)

October/2019 – May/2022

- Scriptwriter of the programme “CC Pergunta”, which consisted of interviews with the professors of my degree
- Scriptwriter in the Production Team (Cinema and TV area).



EDUCATION

2019-2022 – Bachelor’s degree in Communication Sciences, with a specialization in Journalism – Faculty of Social Sciences and Humanities of Nova University of Lisbon (final average of 16 values)

Curricular units: Journalistic Production; Journalism Workshop; Radio Journalism Workshop; TV Journalism Workshop; Online Journalism Workshop; Televisive Production and Direction; Advertisement; Theory of the Institutional Communication

High School: Class of 2019 – Sciences and Technologies – Raul Proença Secondary School (average of 18.7)



ADDITIONAL EDUCATION

October/2019 – September/2020 – Theatre lessons in Teatro Nacional D. Maria II (KCENA group), with Master Sandro W. Junqueira

Certificate of the Advanced Level of the Cambridge English, obtained in December of 2018 – Score: 195/210 (Level C1)

November/2018 – June/2021 – Dance lessons and performances in many dance festivals and different kinds of events with the group Super Flash, from A.C.D.R. Arneirense, Caldas da Rainha

Feb/2024 – Digital Marketing course taken in Santander Open Academy

Feb/2024 – Course on Franquism, Universidad Rey Juan Carlos

Feb/2024 – March/2024 – Course on Investigation and Creative Non-Fiction Writing, in CENJOR (60h)

March/2024 – April/2024 – Spanish course, CENCAL (50h)

April/2024 - May/2024 – Course on Leadership and Team Management, CENJOR (100h)

May/2024 – Digital Marketing course, Citeforma (25h)

June/2024 – Web Development, CENCAL (25h)



Cambridge
Assessment

